

# Naturalment

## Llibres

*Your Inner Fish* by Neil Shubin

### YOUR INNER FISH

A JOURNEY INTO  
THE  
3.5-BILLION-YEAR HISTORY  
OF THE  
HUMAN BODY



NEIL SHUBIN

This book explains the history of the human body, with all its amazing transformations. The author is a renowned paleontologist, who discovered the *Tiktaalik* – the missing link between non-tetrapod vertebrates (fish) and early land tetrapods. An intelligent, and compelling scientific adventure story that will change forever how you understand what it means to be human.

In a very simple way, Shubin explains evolution with strong emphasis on paleontology and DNA and genetics. The book is easy to read and has some funny hints that make it easier to understand. For example; “Scientists . . . found lungfish to be essentially a cross between an amphibian and a fish. Locals found them delicious.”

I highly recommend it, as it is a fun way to learn about how similar we are to other animals and how evolution has selected the better adapted species. The book doesn't just compare us to monkeys and fish, it traces the origins of our anatomy to reach flies, worms and bacteria.

If you are not convinced you can follow the book in its original version, you can read it in 26 other languages, including Dutch, Japanese, Chinese, Turkish, Greek and German. Enjoy!

Cristina Graham

Neil Shubin (2008). *Your Inner Fish*. Knopf Doubleday Publishing Group