


Investigating the toxicity of germ of date seed on normal and cancerous cell line and P53 gene expression

Investigación de la toxicidad del germen de semilla de dátil en líneas celulares normales y cancerosas y expresión del gen P53

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Received: 28 - XII - 2022

Accepted: 25 - I - 2023

doi: 10.3306/AJHS.2023.38.03.62

Abstract

In this study, the germ of Date seed was collected by breaking a thousand date kernels. These acquired germ was powdered and dissolved in distilled water for achievement of different concentrations (3.4, 1.7, 0.85, 0.425 and 0.212 mg/ml). Cancerous (MCF-7) and normal (HFF) cell lines were treated with these concentrations for 24, 48, and 72 hours. Cell viability was assessed using MTT technique. P53 gene expression was evaluated by Real time PCR technique. Results showed that in the highest concentration of germ of Date seed (3.4mg/ml), the percentage of viable cells for cancerous cell lines was 26, 30.1, 40.1% in 24, 48, and 72 hours, respectively. In this concentration, for normal cell lines, the percentage of viable cells was 36.1, 37.1, 42.1% in 24, 48, and 72 hours, respectively. In both cell line, germ of Date seed led to increase of P53 gene expression.

Key words: Date seed, Germ, Cancer, P53 Gene expression.

Resumen

En este estudio, el germen de la semilla de dátiles se recolectó rompiendo mil semillas de dátiles. Este germen adquirido fue pulverizado y disuelto en agua destilada para lograr diferentes concentraciones (3.4, 1.7, 0.85, 0.425 y 0.212 mg/ml). Las líneas celulares cancerosas (MCF-7) y normales (HFF) se trataron con estas concentraciones durante 24, 48 y 72 horas. La viabilidad celular se evaluó utilizando la técnica MTT. La expresión del gen P53 se evaluó mediante la técnica de PCR en tiempo real. Los resultados mostraron que en la mayor concentración de germen de semilla de dátil (3,4 mg/ml), el porcentaje de células viables para líneas celulares cancerosas fue de 26, 30,1, 40,1% en 24, 48 y 72 horas, respectivamente. En esta concentración, para líneas celulares normales, el porcentaje de células viables fue 36,1, 37,1, 42,1% en 24, 48 y 72 horas, respectivamente. En ambas líneas celulares, el germen de la semilla de dátil condujo a un aumento de la expresión del gen P53.

Palabras clave: Semilla de dátil, germen, cáncer, expresión del gen P53.

Introduction

Breast cancer with high frequency among women is the most important cancer worldwide^{1,2}. The survival rate for women with non-metastatic invasive breast cancer is approximately 84-90%. In recent years, incidence rates of breast cancer have increased by 0.5% per year. The average risk of a woman for developed breast cancer is 13%. This means there is a 1 in 8 chance she will develop breast cancer³. There are various strategies for treatment of breast cancer⁴. Development of complementary medicine can be useful for enhancement of current treatment. The use of natural products, especially with plant origin, have been developed in complementary medicine⁵. Date seeds as a discarded part of Dates, have unique medicinal properties such as antioxidant and antimicrobial properties, cholesterol reduction, protective effect against radiation, anti-diabetic effect, and etc.⁶⁻¹⁶. In this article, we evaluated the in vitro effect of germ of Date seed on viability and P53 gene expression in normal and cancerous cell line.

3, 1.7, 0.85, 0.425 and 0.212 mg /ml) for 24, 48 and 72 hours. After the treated period, the effect of powder on the cells was evaluated using MTT technique. For evaluation of P53 gene expression, Real time PCR technique was applied. In this section, the cells were cultured. After 24 hours, the powder of Date seed germ was added to the wells and placed in a CO2 incubator. RNA was extracted from these cells and cDNA was synthesized and the P53 gene expression against beta-actin gene was examined.

Results

Experimental procedures and acquired results are summarized in graphical abstract (**Figure 1**).

Experimental evaluation of germ of Date seed on normal and cancerous cells was summarized in **table I & II**. According to this table, different concentrations of germ of Date seed reduced the number of viable cells compared to the control group. The percentage of living cells decreased along with increases of concentration of powder. The toxicity of the powder on cancer cells was higher than normal cell line. The highest toxicity was observed for both cells at the highest concentration of powder. Increasing the duration of cell treatment led to a greater effect of the substance on the percentage of viable cells.

Materials and Methods

Human breast cancer and normal cell lines were used for evaluation of anticancer activity and P53 gene expression. These cells were cultured at suitable conditions. Cultures cells were treated with different concentrations of the powder of Date seed germ (4,

Figure 1: Graphical abstract containing experimental and result sections.

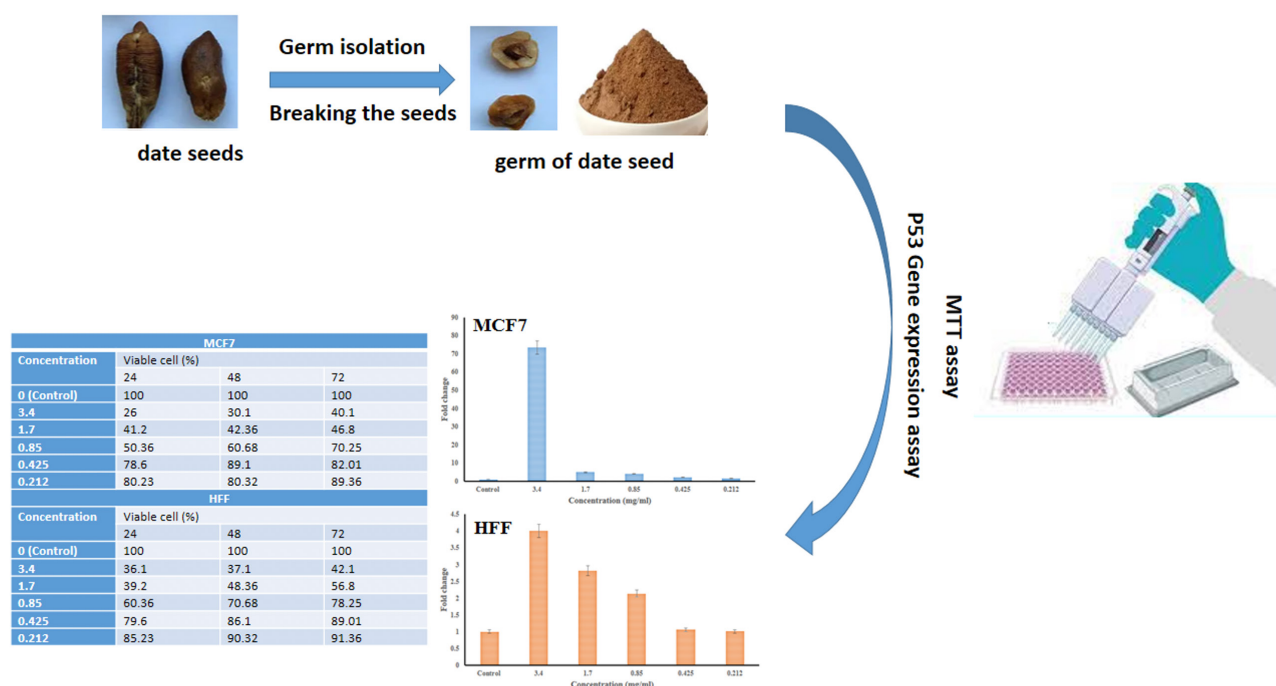


Table I: Effect of different concentrations of germ powder of Date seed on cancer cells (MCF7).

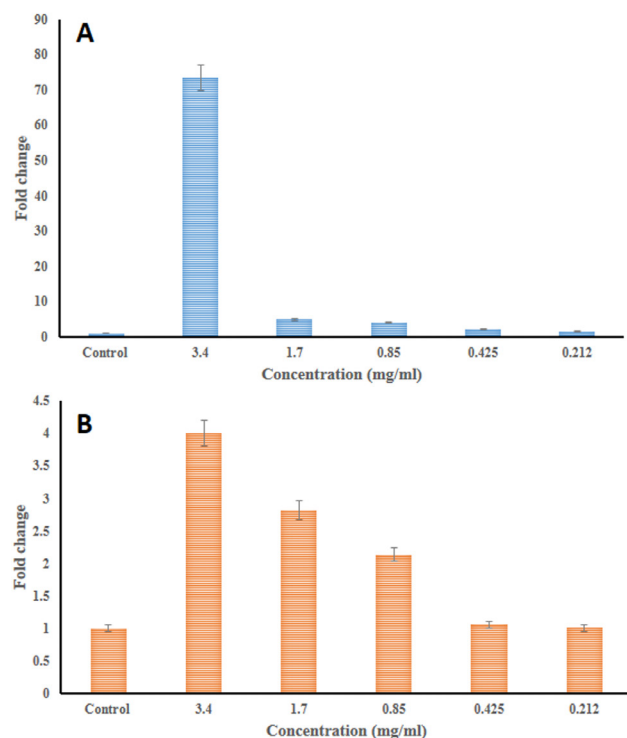
Concentration	Viable cell (%)		
	24	48	72
0 (Control)	100	100	100
3.4	26	30.1	40.1
1.7	41.2	42.36	46.8
0.85	50.36	60.68	70.25
0.425	78.6	89.1	82.01
0.212	80.23	80.32	89.36

Table II: Effect of different concentrations of germ powder of Date seed on normal cells (HFF).

Concentration	Viable cell (%)		
	24	48	72
0 (Control)	100	100	100
3.4	36.1	37.1	42.1
1.7	39.2	48.36	56.8
0.85	60.36	70.68	78.25
0.425	79.6	86.1	89.01
0.212	85.23	90.32	91.36

Figure 2 shows the results of increased P53 gene expression in both normal and cancer cell lines compared to the control group. This increase in gene expression is directly related to the concentration of powder. According to the results, the rate of increased gene expression in cancer cells was higher than normal cells. The highest concentration of powder (3.4 mg / ml) had the greatest effect on the P53 gene expression. This effect was observed in both normal and cancer cells.

Figure 1: Effect of different concentrations of germ powder of Date seed on P53 gene expression in cancer (A) and normal (B) cells.



Discussion

The p53 gene is considered as the most common and major gene that mutates in various tumors¹⁷. This gene, as an essential marker, plays an important role in the clinical diagnosis of tumors¹⁸. The researchers first identified the P53 gene as a type of cancer protein antigen, then as a cancer gene and finally as a tumor-inhibiting gene¹⁹. Research has shown that the wild-type p53 gene is a tumor-inhibiting gene, and mutations in the p53 gene can lead to tumorigenesis²⁰. Therefore, any combination that can alter the expression of this gene can be considered as one of the therapeutic goals in the field of cancer²¹⁻²³. Meanwhile, research on natural materials and compounds is gaining more and more attention. Date seeds are a discarded part of Dates. But the results of various studies have shown that these Dates have unique medicinal properties⁶⁻⁹. Analysis of the constituents of Date seed has shown that this part of Dates contains more than 80% carbohydrates, about 15% oils and approximately 5% protein¹⁰. There are also various nutrients in Date seeds. The antioxidant and antimicrobial properties of Date seed powder have been proven in various studies¹¹⁻¹³. Effect of Date seed powder on cholesterol reduction in mice, effect on blood and biochemical parameters and some fertility indices, protective effect against radiation, especially gamma radiation, anti-diabetic effect, protective effect on liver and kidney function, efficacy in cerebral ischemia and etc. were proven in various studies¹⁴⁻¹⁶. Acquired powders from whole Date seed have been used in various articles and acceptable results have been obtained in terms of biological effects, but no studies have been performed on germ of Date seed. In this study, the anti-cancer effect of germ powder and its related p53 gene expression was evaluated on breast cancer cell line. The results showed that the germ powder led to cell death in both normal and cancer cells, but the toxicity of the powder was higher on cancer cells. Based on the obtained results, the toxicity effect of germ powder is dose-dependent and the survival rate of cancer cells was significantly reduced at concentrations higher than 3 mg/ml. The results of the gene expression study also showed that the extract, increased P53 gene expression was occurred in both normal and cancer cells compared with the control. The effect of germ powder on increasing gene expression was greater in cancer cells than normal cells.

Conflict of interest

None

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