

Distribution of the antibiotic resistance genes amongst methicillin-resistant *Staphylococcus aureus* bacteria isolated from human clinical infections

Distribución de los genes de resistencia a los antibióticos en las bacterias Staphylococcus aureus resistentes a la meticilina aisladas de infecciones clínicas humanas

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Abstract

Background: Methicillin-resistant *Staphylococcus aureus* (MRSA) strains are important causes of human clinical infections in the hospital environment. The present survey was performed to assess the distribution of antibiotic resistance genes amongst the MRSA strains isolated from human clinical infections.

Methods: Thirty-five MRSA strains were isolated from human clinical infection samples. All isolates were confirmed using culture, biochemical tests and cefoxitin (30 µg) and oxacillin (1 µg) susceptibility testing. DNA was extracted from isolates and subjected to PCR for detection of antibiotic resistance genes.

Results: Prevalence of MRSA in isolates collected from sputum, urine, pus, and blood samples was 23.68%, 26.31%, 31.57%, and 10.52%, respectively. MRSA bacteria harbored the highest distribution of *blaZ* (100%), *msrA* (68.42%), and *tetK* (57.89%). Distribution of *ermB* (31.57%) and *aacA-D* (42.10%) antibiotic resistance genes were lower than others. Statistically significant differences were obtained between the distribution of *emrA* and *ermB* (*P* value <0.05), and *msrA* and *msrB* (*P* value <0.05). Distribution of *ermA* and *msrB* antibiotic resistance genes were 55.26% and 39.47%, respectively.

Conclusion: Regarding the high prevalence of MRSA and antibiotic resistance encoding genes among isolates in the hospitals, special health-based measures should be taken to reduce the use of antibiotics and control infections in the hospital.

Keywords: Methicillin-resistant *Staphylococcus aureus* (MRSA), antibiotic resistance genes, hospital infections, distribution.

Resumen

Antecedentes: Las cepas de *Staphylococcus aureus* resistentes a la meticilina (SARM) son causa importante de infecciones clínicas humanas en el entorno hospitalario. El presente estudio se realizó para evaluar la distribución de los genes de resistencia a los antibióticos entre las cepas de SARM aisladas de infecciones clínicas humanas.

Métodos: Se aislaron 35 cepas de SARM de muestras de infecciones clínicas humanas. Todos los aislados se confirmaron mediante cultivo, pruebas bioquímicas y pruebas de susceptibilidad a la cefoxitina (30 µg) y la oxacilina (1 µg). Se extrajo el ADN de los aislados y se sometió a la PCR para detectar los genes de resistencia a los antibióticos.

Resultados: La prevalencia de SARM en los aislados recogidos de esputo, orina, pus y sangre fue del 23,68%, 26,31%, 31,57% y 10,52%, respectivamente. Las bacterias MRSA albergaban la mayor distribución de *blaZ* (100%), *msrA* (68,42%) y *tetK* (57,89%). La distribución de los genes de resistencia a los antibióticos *ermB* (31,57%) y *aacA-D* (42,10%) fue menor que la de los demás. Se obtuvieron diferencias estadísticamente significativas entre la distribución de *emrA* y *ermB* (valor *P* <0,05), y *msrA* y *msrB* (valor *P* <0,05). La distribución de los genes de resistencia a los antibióticos *ermA* y *msrB* fue del 55,26% y del 39,47%, respectivamente.

Conclusiones: En relación con la alta prevalencia de SARM y de genes codificadores de resistencia a los antibióticos entre los aislados en los hospitales, deben tomarse medidas especiales de carácter sanitario para reducir el uso de antibióticos y controlar las infecciones en el hospital.

Palabras clave: *Staphylococcus aureus* resistente a la meticilina (SARM), Genes de resistencia a los antibióticos, Infecciones hospitalarias.

Introduction

Despite all advances created in the medical sciences, infectious diseases become an important life-threatening issue among people of developed and developing countries¹⁻⁸. Among them, the methicillin-resistant *Staphylococcus aureus* (MRSA) accounted for severe cases of infections in the hospitals and healthcare units⁹. MRSA strains are Gram-positive, catalase positive, and cocci-shaped bacteria originate from both hospital and the community¹⁰. They are mostly responsible for plain nosocomial and community-acquired infections, particularly Respiratory Tract Infections (RTIs), soft tissue infections, Urinary Tract Infection (UTIs), wound and burn infections, endocarditis, blood infections, and etc¹¹.

MRSA strains are mainly resist toward all types of penicillins and cephalosporins, simultaneously¹². Treatment of infections caused by these strains are mostly difficult, because they are resist toward some other types of antimicrobial agents¹³. MRSA bacteria are the chief causes of around 100,000 morbidity with 20% mortality yearly in the United States¹⁴. MRSA bacteria harbored significant resistance toward penicillins, cephalosporins, tetracyclines, aminoglycosides, phenicols, fluoroquinolones, lincosamides, macrolides, and glycopeptides¹⁵.

According to the high important of antibiotic resistant-MRSA strains, it is essential to signify the main source for the occurrence of resistance among MRSA strains. Some researches showed the role of antibiotic resistance genes for the occurrence of antibiotic resistance among bacterial strains¹⁶. In this regard, *tet* (*K* and *M*), *aacA-D*, *blaZ*, *erm* (*A*, *B*, and *C*), and *msr* (*A* and *B*) are the genes that responsible for the occurrence of resistance against tetracyclines, aminoglycosides, penicillins, macrolides, and macrolides antimicrobial agents, respectively¹⁷.

MRSA strains have been tested in hospital infections to assess their role as a definitive cause of nosocomial infections. High pathogenicity of MRSA strains and general weakness of hospitalized patients make it necessary to assess their antimicrobial resistance in human clinical infections. Thus, the present survey was done to assess the prevalence rate and distribution of antibiotic resistance genes amongst the MRSA strains isolated from human clinical infections.

Materials and methods

Bacterial strains and confirmation

Thirty-five MRSA strains were isolated from different human clinical specimens. Strains were isolated from Al-Zahra and Shariati Hospitals, Isfahan, Iran. For confirmation, all isolates were cultured in blood agar (BA, Merck, Darmstadt, Germany) and incubated aerobically

at 37°C for 48 h. Additionally, colonies were subjected to morphological analysis including Gram-staining, microscopical morphology, catalase and coagulase production tests. Furthermore, pigment production, glucose O/F test, resistance to bacitracin (0.04 U) and novobiocin, oxidase test, mannitol fermentation on Mannitol Salt Agar (MSA, Merck, Darmstadt, Germany), nitrate reduction, phosphatase, urease activity, deoxyribonuclease (DNase) test and carbohydrate (sucrose, xylose, maltose, trehalose, mannose, lactose, and fructose) fermentation tests were applied to confirm isolates (18). For MRSA identification, cefoxitin (30 µg) and oxacillin (1 µg) susceptibility testing was performed¹⁸.

DNA extraction and quality assessment

MRSA isolates were sub-cultured on TSB media and further incubated for 48 h at 37°C. Genomic DNA was extracted from bacterial colonies using the DNA extraction kit (Thermo Fisher Scientific, St. Leon-Rot, Germany) according to manufacturer's instruction. Purity (A260/A280) and concentration of extracted DNA were then checked (NanoDrop, Thermo Scientific, Waltham, MA, USA). The quality of the DNA was assessed on a 2% agarose gel stained with ethidium bromide (0.5 µg/mL) (Thermo Fisher Scientific, St. Leon-Rot, Germany)¹⁹⁻²⁵.

Detection of antibiotic resistance genes

Table I represents the list of primers and PCR conditions used for amplification of antibiotic resistance genes in the MRSA strains. A programmable DNA thermo-cycler (Eppendorf Mastercycler 5330, Eppendorf-Nethel-Hinz GmbH, Hamburg, Germany) was used in all PCR reactions. Ten microliters of PCR product were exposed to electrophoresis in a 2% agarose gel in 1X TBE buffer at 80 V for 30 min, stained with SYBR Green. The UVI doc gel documentation systems (Grade GB004, Jencons PLC, London, UK) was applied for analysis of images²⁶.

Data analysis

Statistical analysis was done using the SPSS 21.0 statistical software (SPSS Inc., Chicago, IL, USA). Chi-square test and Fisher's exact two-tailed test were used to assess any significant relationship between data obtained from the present study. P value <0.05 was considered as statistical significant level^{27,28}.

Results

Among all 38 isolates, sputum, urine, pus, and blood samples were harbored 9 (23.68%), 10 (26.31%), 12 (31.57%), and 4 (10.52%) MRSA isolates, respectively.

Table II shows the distribution of antibiotic resistance genes amongst the MRSA strains isolated from human clinical infections. According to obtained data, MRSA bacteria harbored the highest distribution of *blaZ* (100%), *msrA* (68.42%), and *tetK* (57.89%). Distribution of *ermB*

(31.57%) and *aacA-D* (42.10%) antibiotic resistance genes were lower than others. Statistically significant differences were obtained between the distribution of *emrA* and *ermB* (P value <0.05), and *msrA* and *msrB* (P value <0.05). Distribution of *ermA* and *msrB* antibiotic resistance genes were 55.26% and 39.47%, respectively.

Discussion

S. aureus is considered as an important bacterium responsible for hospital infections and food poisoning²⁹⁻³². The most important issue regarding infections caused by MRSA strains is the occurrence of antibiotic resistance in bacterial strains. High resistance rate of the MRSA strains harden the procedure of treatment and faced patients with high economic burden. Thus, it is essential

to found all epidemiological aspects of MRSA infections in the hospital environment.

One of the most important epidemiological aspects of the MRSA strains is presence of antibiotic resistance genes amongst the bacteria. The present survey showed that human clinical infections harbored the high distribution of MRSA strains harbored antibiotic resistance genes. Widespread and unauthorized administration of antimicrobials and excessive using of disinfectant solutions in hospital environment have been considered to be a major factor in the emergence of antibiotic resistance amongst MRSA strains.

High prevalence of resistance of MRSA bacteria isolated from diverse kinds of clinical infectious

Table I: Target genes, oligonucleotide primers and PCR conditions used for detection of antibiotic resistance genes amongst MRSA strains.

Target gene	Primer sequence (5'-3')	PCR product (bp)	PCR programs	PCR volume (50µL)
<i>AacA-D</i>	F: TAATCCAAGAGCAATAAGGGC R: GCCACACTATCATAACCACTA	227	1 cycle: 94 °C ----- 5 min.	5 µL PCR buffer 10X
<i>ermA</i>	F: AAGCGGTA AACCCCTCTGA R: TTCGCAAATCCCTTCTCAAC	190	25 cycles: 94 °C ----- 60 s 55 °C ----- 70 s 72 °C ----- 60 s	1.5 mM MgCl ₂ 200 µM dNTP
<i>tetK</i>	F: GTAGCGACAATAGGTAATAGT R: GTAGTGACAATAAACCTCCTA	360	1 cycle: 72 °C ----- 10 min	0.5 µM of each primers F & R
<i>ermB</i>	F: CCGTTTACGAAATTGGAACAGGTAAGGGC R: GAATCGAGACTTGAGTGTGC	359		1.25 U Taq DNA polymerase 2.5 µL DNA template
<i>msrA</i>	F: GGCACAATAAGAGTGTTAAAGG R: AAGTTATATCATGAATAGATTGTCCTGTT	940	1 cycle: 94 °C ----- 6 min.	5 µL PCR buffer 10X
<i>msrB</i>	F: TATGATATCCATAATAATTATCCAATC R: AAGTTATATCATGAATAGATTGTCCTGTT	595	34 cycles: 95 °C ----- 60 s 50 °C ----- 70 s 72 °C ----- 70 s 1 cycle: 72 °C ----- 8 min	2 mM MgCl ₂ 150 µM dNTP 0.75 µM of each primers F & R 1.5 U Taq DNA polymerase 3 µL DNA template
<i>blaZ</i>	F: TGAACCGTATGTTAGTGC R: GTCGTGTTAGCGTTGATA	681	1 cycle: 94 °C ----- 6 min. 30 cycles: 95 °C ----- 60 s 59 °C ----- 60 s 72 °C ----- 60 s 1 cycle: 72 °C ----- 10 min	5 µL PCR buffer 10X 2 mM MgCl ₂ 150 µM dNTP 0.75 µM of each primers F & R 1.5 U Taq DNA polymerase 3 µL DNA template

Table II: Distribution of antibiotic resistance genes amongst the MRSA strains isolated from human clinical infections.

Clinical specimens) (N. MRSA	N. isolates harbored each gene (%)						
	<i>aacA-D</i>	<i>tetK</i>	<i>blaZ</i>	<i>ermA</i>	<i>ermB</i>	<i>msrA</i>	<i>msrB</i>
Sputum (9)	4 (44.44)	5 (55.55)	9 (100)	5 (55.55)	2 (22.22)	6 (66.66)	3 (33.33)
Urine (10)	5 (50)	6 (60)	10 (100)	6 (60)	4 (40)	7 (70)	4 (40)
Pus (12)	6 (50)	9 (75)	12 (100)	8 (66.66)	5 (41.66)	10 (83.33)	6 (50)
Blood (4)	1 (25)	2 (50)	4 (100)	2 (50)	1 (25)	3 (75)	2 (50)
Total (38)	16 (42.10)	22 (57.89)	38 (100)	21 (55.26)	12 (31.57)	26 (68.42)	15 (39.47)

specimens have been described toward penicillins (33-38), cephalosporins^{33-35,39}, tetracyclines^{33-35,40}, macrolides^{33-35,41}, and aminoglycosides^{33-35,42}. Abdolmaleki et al. (2019)⁴³ reported that *BlaZ*, *aacA-D*, *tetK*, *msrA*, *dfrA*, *ermA*, *gyrA*, *griA* and *rpoB* were the most commonly detected antibiotic resistance genes amongst the MRSA strains with a distribution rate between 11 to 100%. Rahi et al. (2020)⁴⁴ reported that the most frequently distinguished antibiotic resistance markers were *blaZ* (100%), *tetK* (85.71%), *dfrA1* (71.42%), *aacA-D* (67.85%), *ermA* (50%) and *gyrA* (42.85%). Akanbi et al. (2017)⁴⁵ reported that *blaZ*, *mecA*, *rpoB*, *ermB* and *tetM* were the most generally identified antibiotic resistance genes amongst the *S. aureus* bacteria recovered from food samples in South Africa which was relatively similar to our findings. In this regard, Momtaz and Hafezi (2014)⁴⁶ reported that the distribution of *mecA*, *tetK*, *ermA*, *ermC*, *tetM*, *aacA-D*, *linA*, *msrA*, *vatA*, *vatC* and *vatB* antibiotic resistance

genes in the *S. aureus* strains isolated from human clinical infections were 80.30%, 34.84%, 30.30%, 25.75%, 24.24%, 19.69%, 7.57%, 7.57%, 6.06%, 3.03% and 1.51%, respectively.

Conclusion

Sum it up, we recognized boost incidence of MRSA bacteria in human clinical infections on top of boost incidence of the genes encode resistance toward antibiotic agents. High prevalence of MRSA bacteria and high distribution of *blaZ*, *tetK*, *aacA-D* *ermA* and *msrA* antibiotic resistant genes may pose a possible menace regarding the MRSA human infections in hospitals.

Interests conflict

The authors declare no conflict of interest.

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